## Sullivan Activity Calendar Assisted Living

## July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Winnwood Activity Team Director: Alison Coordinator: Tavia Coordinator: Brooke Assistant: Elaine	For all activity trips outside of Winnwood, you MUST sign up at the front desk so that we can ensure transportation and staffing. Thank you.				10:00 Coffee Club/Today in History w/David 10:30 Big Bucks Bingo w/David 12:00 Pre-4th of July Picnic 2:30 Cornhole 3:30 Weekly Reflections	10:00 Oldies But Goodies Exercise 11:00 Word in a Word 2:00 Bingo
11:00 In Touch w/ Charles Stanley Virtual Service 2:00 Afternoon Card Game (UNO) (RL)	10:00 Chair Exercise 10:30 Coffee Club/Today in History 11:00 Brain Teasers 1:30 Monday Movie Matinee - WILD OATS	10:00 Chair Fitness 10:30 Coffee Club/Today in History 3:00 Social Hour & Entertainment w/Glen Hayes Providing memories through song	10:00 Exercise with Legacy Healthcare 10:30 Devotions Guest Speaker Richard Bell 1:00 Team Trivia 3:30 Winnwood Big Bucks Bingo	10:00 Stretch and Breathe 10:30 Coffee Club/Today in History 11:00 Poetry Club 1:00 Jeopardy 4:30 Piano concert by Jade	10:00 Morning Exercise 10:30 Coffee Club/Today in History 11:30 Secrets of Great British Castles 1:30 Cornhole 3:30 Weekly Reflections	10:00 Oldies But Goodies Exercise 11:00 Word in a Word 2:00 Bingo 3:00 Nail Spa w/Elaine
10:30 Daily Bread Devotional w/Karen 11:00 In Touch w/ Charles Stanley Virtual Service 2:00 Afternoon Card Game (7 up/7 down)	10:00 Chair Exercise 10:30 Coffee Club/Today in History 11:00 Brain Teasers	10:00 Walking Club 10:30 Coffee Club/Today in History 2:00 Wheel of Fortune 3:00 Social Hour & Birthday Celebration	10:00 Exercise with Legacy Healthcare 10:30 Devotions with Guest Speaker 1:00 Team Trivia 2:00 Big Screen Crosswords	10:00 Stretch and Breathe 10:30 Coffee Club/Today in History 11:00 Thought Provoking Thursdays 1:00 Resident Council Meeting in 3rd Floor Club room	10:00 Morning Exercise 10:30 Coffee Club/Today in History 11:30 Secrets of Great British Castles 2:30 Cornhole 3:30 Weekly Reflections	10:00 Oldies But Goodies Exercise 11:00 Word in a Word 2:00 Bingo 3:00 Nail Spa w/Elaine

Winnwood Retirement Community 100 Whitlock Ave. Marietta, Georgia 30064 Notes:

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 In Touch w/ Charles Stanley Virtual Service 4:00 Piano Hymns with Lloyo	10:00 Chair Exercise 10:30 Coffee Club/Today in History 11:00 Brain Teasers 1:30 Monday Movie Matinee - BEST EXOTIC MARIGOLD HOTEL	10:00 Chair Fitness with Brooke 10:30 Coffee Club/Today in History 3:00 Wheel of Fortune & Social Hour	10:00 Exercise with Legacy Healthcare 10:45 Wellness Wednesday Interim Home Health Balance Screening 1:00 Devotions 2:00 Winnwood Big Bucks Bingo	10:00 Stretch and Breathe 10:30 Coffee Club/Today in History 11:00 Poetry Club 1:00 Jeopardy	10:00 Morning Exercise 10:30 Coffee Club/Today in History 11:30 Secrets of Great British Castles 2:30 Cornhole 3:30 Weekly Reflections	10:00 Oldies But Goodies Exercise 11:00 Word in a Word 2:00 Bingo 3:00 Nail Spa w/Elaine
11:00 In Touch w/ Charles Stanley Virtual Service 2:00 Afternoon Card Game (Match Game)	10:00 Chair Exercise 10:30 Coffee Club/Today in History 11:00 Brain Teasers	10:00 Walking Club 10:30 Coffee Club/Today in History 2:00 Wheel of Fortune 3:00 Social Hour w/Entertainment Bill Gleeson	10:00 Exercise with Legacy Healthcare 10:30 Devotions 1:30 Musical Matinee - 7 Brides for 7 Brothers	10:00 Stretch and Breathe 10:30 Coffee Club/Today in History 11:00 Thought Provoking Thursdays 1:00 Jeopardy 2:00 Scenic Tour Ride	10:00 Morning Exercise 10:30 Coffee Club/Today in History 11:30 Secrets of Great British Castles 2:30 Cornhole 3:30 Weekly Reflections	10:00 Oldies But Goodies Exercise 11:00 Word in a Word 2:00 Bingo 3:00 Nail Spa w/Elaine
11:00 In Touch w/ Charles Stanley Virtual Service						Birthdays 7/3 - Bill Paden 7/13 - Leila Cochran